

Sida loo ururiyo muunad sanka laga gashado oo la arko

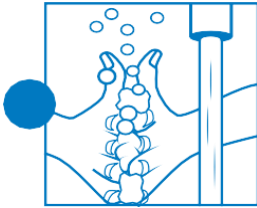
Akhriso dhammaan tilmaamaha. Haddii aadan raacin dhammaan tilmaamaha waxay kuu horseedi kartaa natiijo been ah.

Fadlan ku soo qaado muunada kaliya xubin shaqaale ah.

1. Si fiican sanka u afuuf oo hubi inuu saaf yahay.



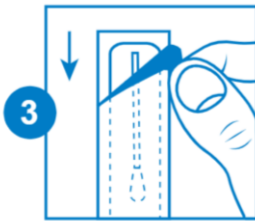
2. Ku dhaq gacmahaaga gacmo nadiifiye oo gebi ahaanba qalaji.



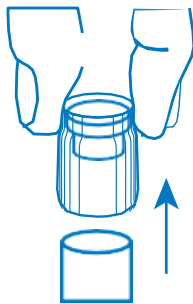
3. Ku fur baakada suufka. Runtii waa muhiim inaad taaban caarada jilicsan ee gacmahaaga.

Fiiq fura meesha lagu calaamadeeyay

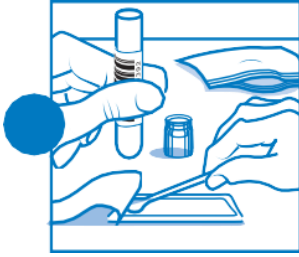
Xirmada ku dhaaf xirmada hadda.



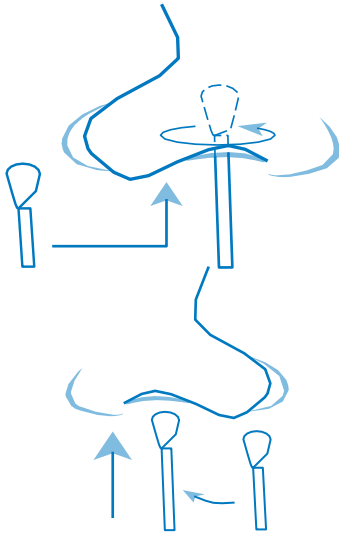
4. Furka daboolka ka qaad tubbada aruurinta.
Fur furka daboolka oo u jeeda dusha nadiif ah halkaas oo aad si fudud uga heli karto.



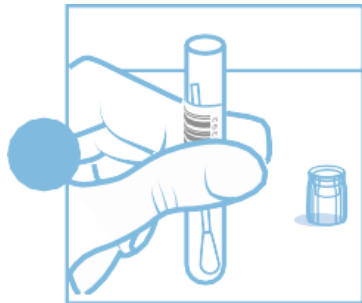
5. Soo qaado suufka adiga oo aan taaban caarada jilicsan.
Tuubada ku qabo hal gacan suufka kalena gacanta



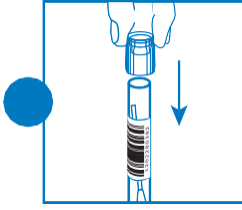
6. Ka soo saar suufka baakadeeda, ka taxaddar inaadan ku taaban caarada jilicsan gacmahaaga, oo geli hal san oo keliya illaa caarada jilicsan ee aan la arki doonin.
Ku wareeji meertada ku wareegsan cirifka sankaa ugu yaraan 3 jeer
Isticmaal isla caarada jilicsan oo ku wareeji wareeg saddex jeer sankaa kale.



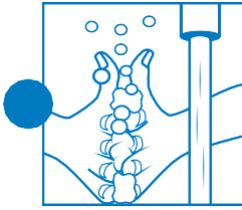
7. Suufka geli tuubada aruurinta.
Hubinta in suufka jilicsan ee suufka galay sankaa uu marka hore galay tuubada.



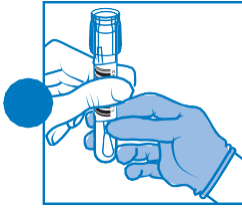
8. Beddel furka. Hubso in furka uu xidhan yahay.



9. Ku dhaq gacmahaaga gacmo nadiifiye oo gebi ahaanba qalaji



10. Tuubada gacanta xubinta shaqaalaha.



11. Waxaad natiijooyinkaaga ku heli doontaa emayl ama boosto ku saleysan waxaad dooratay markii aad isdiiwaangelineysay ballanta. Haddii aad dooratay emayl, natiijooyinka waxay imaan doonaan 2-3 maalmood gudahood, haddii aad xulatay boostada, natiijooyinka waxay imaan doonaan 5-7 maalmo